

Tips for school transitions for parents, carers and schools

- Start the transition process early.
- Communicate-Involve school/parents/carers as much as possible. Work together.
- Provide parents and Carers with a key contact within the setting.
- Use visuals/maps to help your child/young person familiarise themselves with the buildings/staff etc.
- Visit the setting at various times, ideally when its quieter/less busy initially.
- Does the child/young person have tools or routines that help them settle, make sure these are passed on from home to setting and from setting to setting/class to class.
- Can the child/young person enter or leave the setting slightly earlier or later than their peers or through a quieter entrance.

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- Wash uniform well to soften it and practise wearing it before starting school. Can there be any uniform accommodations within the setting?
- Where possible Practise and discuss transport routes beforehand, is there a buddy or friend they can walk or get the bus with?
- Where possible Practise and talk about money and buying lunch/snacks etc. Often there is a token/card prepayment system in schools.
- Are there any clubs or activities to keep in touch with peers during the Summer holidays.

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